

PainTrain

My Health Summary

"I have just started to use Pain Train after 2½ years of telling my story to multiple healthcare providers. I like the format as it allows me to express my issues in an organised manner."

– Frances Jolly

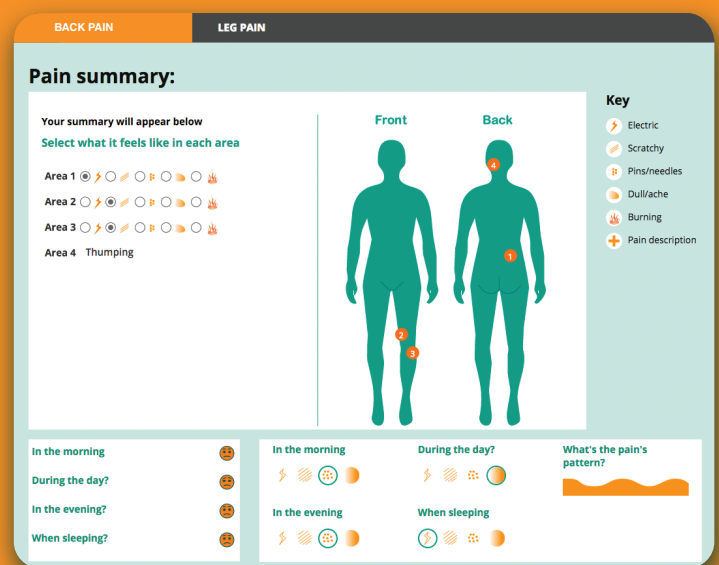
What you can do on pain-train.com.au

Patients can:

- record information about the pain and their condition.
- make the most of their time with health care practitioners rather than having to answer an endless list of questions.
- share their information with anyone they choose & control who has access.
- make sure their information is recorded properly and transferred to new health care practitioners quickly.
- improve communication with their pain team.

Practitioners can:

- minimise the amount of time it takes to gather a patient's history and ongoing updates.
- gain an accurate understanding of the patient and their health condition.
- help patients take a positive approach to managing their pain and minimise catastrophising.
- empower patients to take responsibility for their health journey.
- ensure each patient's care is better coordinated.
- access patient health records 24/7 on any device with live updates.



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www.pain-train.com.au

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